# WE HAVE THE MIND OF CHRIST

## We are transformed as we renew our minds

"For who has understood the mind of the Lord so as to instruct him?"

But we have the mind of Christ.

1 Corinthians 2:16

### Lesson

Romans 12:2 says, "Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes."

Our culture often identifies with fear as a response to the unexpected or the undesirable, but Jesus tells us to rejoice in suffering. Fear is faith...in the wrong thing. When we rejoice in struggle, it raises our eyes above the storm and places them on our Father who loves us.

Gaining control of your mind (self-control) is a fruit of the spirit, but it requires we change our habits. When Joshua and Caleb spied out the promised land when Israel was in the desert (Numbers 13), they were the only two of twelve that kept their eyes on the promises of God, rather than the obstacles in front of them.

## Faith in Action

- "1. In what situations do you find your mind running away without you? Is it typically fear? Self-defense or justification? Overplanning? Figure out what it is and try submitting it to the Lord. Ask if there are more productive things He wants to replace those thoughts with.
- 2. Meditating on Jesus and His words is a powerful way to renew your mind. Have you ever found yourself stuck awake at night thinking about something and struggling to shut your mind down? If so, you already know how to mediate! Now, just change the topic of your meditation. Here are some verses that can be good starting points. The Psalms are also a fantastic starting point for meditating on the nature of God's word. After some time thinking on these things, begin to turn your heart inward to the Holy Spirit and ask Him what He would like to say.

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## Verses to meditate on

"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You."

Isaiah 26:3

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:7

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.

Colossians 3:1-2

# **Prayer of invitation**

Jesus we invite you right now and we partner with you in taking authority over our minds. We ask that you would help us to meditate on things that are pure, noble, and life-giving. Where we have let anger, or fear, or unhelpful thoughts take the lead, we repent. Holy Spirit come shift the atmosphere of our home and make it a place that reflects your peace and your presence.

## **Declaration**

We declare over our home and family

- Over our church community
- Over our neighborhood
- Over our city
- Over the world

An end to this virus. Supernatural wisdom, insight, and decision making in our political leaders and medical professionals. Protection over the health, finances, and well-being of our ourselves and neighbors. We declare a release of kingdom favor over the people of God. That the church would rise up and be the hands and feet of Jesus. That fear would dissipate and that faith would rise. That many would turn to Jesus and find new life in the midst of this situation. That every plan of the enemy would fail in Jesus name.